

# February 2023

# Steering Committee Reports

# Each Zone will have a meeting on Monday, March 13 at 7 pm

For all Zone and Committee Zoom Information see the spreadsheet that is available on SEPIA's website.

# **Chairperson's Report from the month of February 2023**

Report not received prior to submission

## Vice-Chairperson's Report from the month of February 2023

Vice Chairperson Report for February 2023

This month I attended the following Committee Meetings:

- Cooperation with Professional Community on 2-6-23
- WebTech on 2-8-23
- Steering Committee Meeting on 2-8-23
- PI Committee Meeting on 2-15-23
- Finance Committee 2-16-23

I chaired the Special Events Committee meeting on February 27.

On February 18 we Co Hosted Share-a-Day with Area 59. The event went great with over 150 people in attendance. Thanks to all who helped make it happen.

The Round Up is quickly approaching. We sold out the Showboat for rooms and pre-registration is going strong. Tickets to the Banquet are also selling quickly and we encourage you to sign up now while there are still tickets available.

Just a few reminders. Round Up Shirts can be purchased @ store.aasepia.org or by mail-in form found on www.aasepia.org. On the day of the event be sure to mention SEPIA when you park at the Showboat Garage so you can get your \$8.00-day special rate.

With gratitude, Jay F. Vice Chairperson

# **SEPIA Office Report from the month of February 2023**

Office Report for the Month of February 2023

Happy Spring!

The office is quite busy these days with the work on the new online store almost complete and the Round Up registrations. We are developing a new process for our accounting and there are many changes to our process but in the end will be much easier for the office. It takes some time to get used to doing things in a different way. A big thanks to Jim B., our treasurer, who has been working very hard on this along with Kevin B., our staff assistant, for working out the kinks in the new program and online store.

Speaking of the Round-Up...so far there are 258 registrations. The Showboat Hotel is sold out of rooms completely. For your reference we have posted some nearby hotels that might have availability on the website. It will still be a blast and I for one am looking forward to being there this year.

Please take a look at our apparel that will be on sale this year. There are three different colors. The t-shirt is a light gravel gray, the hoodie is charcoal gray and the zip-up hoodies are a dark heather gray. We will also be selling our literature and we will have a limited supply of last year's t-shirts and hoodies at a discounted price. We bought a new more compact copier that was delivered this week. It does what the old copier did but for \$70.00 less a month! Since COVID, the amount of copying done is far less than the 60,000 copies that were being made before COVID!

Please send in your meeting changes! If you know of a meeting that is no longer there please let us know. Newcomers are still going to meetings listed on our website and the Meeting Guide app and finding locked doors!! Even if it is not your meeting please let us know.... Responsibility Pledge... I (WE) am/are responsible... each and every one of us!!

I want to thank all of you for supporting your SEPIA Office. Without you we cannot do the work our founders have entrusted to us — carry the message of hope and recovery to the still suffering alcoholic. Listed in our newsletter are names of groups and individuals that sent contributions to the office in the past several weeks. Venmo contributions will be posted in next month's newsletter. Please note that your group/meeting isn't required to financially support your office. We are here to assist all groups in any way we can. As always please ensure that your group's needs have been taken care of before considering contributing to your SEPIA Office. According to Bill W., "The answer is simple enough. Every single A.A service is designed to make more and better Twelfth Step work possible, whether it be a group meeting place, the Intergroup office and General Service Office." We are here for you and we will be here for those that come after us. Any questions, please feel free to contact anyone at the SEPIA office at 215-923-7900 or email us at: manager@aasepia.org . Thank you for your service!

In Fellowship,

Fran, Kris, Kevin & Candy

## Treasurer's/Finance Committee Report from Thursday February 16, 2023

**SEPIA Finance Committee Meeting Minutes for 2/16/2023** 

Meeting opened with Serenity Prayer at 7:00 pm; Attendance: Jim B. (Treasurer), Stephanie W. (Asst Treasurer), Jon R. (Phila liaison), Chris B (Bucks Co liaison), Fran (Office Mgr), Kevin B, Jay F (Vice Chair), Steve S (Dir of Public Information), Jeff F. (Montco Alt liaison)

- I.Meeting opened at 7 pm with the Serenity Prayer and Introductions
- II.Read and discussed Tradition 4 and Concept 4
- III.Reviewed Financial Reports: Monthly Income Statement (P&L), Year-to-Date Income Statement, Balance Sheet

- A. December 2022 Income Statement (P&L):
  - 1. Books are improving steadily. Kudos to Fran and the office staff for their efforts.
  - 2. Literature sales are improving, very close to the budget/forecast. Shipping and credit card fees charged to customers are broken out in 2023 numbers. CC fees are noticeably high.
  - 3. Round up revenue is tracking much higher than the past and the budget.
  - 4. Committees and zone spending is increasing, which is a positive sign.
  - 5. Office expenses appear to have a few discrepancies, probably due to timing of when bills are being paid. Fran will look into this, particularly the rent account.
- B. Year-To-Date (11/2022 mid 01/2023) Income Statement:
  - 1. Contributions and literature sales are right on target YTD compared to budgeted figures.
  - 2. Cost of goods sold is slightly down from budgeted figures and gross profit is 103% of budget.
  - 3. Committee and zone spending is slightly down from budget. Archives, CPC and Prisons have no spending so far YTD that has been reported.
  - 4. Overall, office expenses are just under budgeted amounts.

#### C. Balance Sheet:

- 1. Prudent reserve breakout group (Greg, Chris, Jon, and Stephanie) met to examine the P/R and discuss if we are in compliance with Financial Guidelines. The group discussed how to calculate the Prudent Reserve, how to compare current figures with historical numbers (do we compare to the trailing 12 months, last calendar year, or last fiscal year?). After extensive discussion, the group concluded:
- a. Prior year figures are to be considered the most recent fiscal year.
- b. Prudent reserve must cover all operating expenses and all expenses related to 12 step work (including zone meetings).
- c. Past year expenditures averaged \$19,500/month (approximately), translating to \$156,000 \$234,000 (to reflect 8-12 months P/R), however these expenditures were significantly lower than previous years, due to the effects of Covid 19.
- d. Based on findings, our current P/R is \$284,000. The group agreed the current year run-rate is tracking higher than last year, and while reserves are slightly higher than the range specified above, there is sufficient reason to expect the situation will improve.
- e. The group agreed to monitor P/R on a quarterly basis for the indefinite future.
- f. The group recommends edits to the Guidelines to clarify the ambiguities discussed above.
  - 2. Yield on funds in deposit with Franklin Mint and PNC are well below competing options. Fran and Jim will research options and report back with recommendations.

## IV.Office Manager Report:

- A. Working on Tax Returns
  - B. Working on preparation for the Round Up.

- A. The new store has launched "soft", primarily to process Round Up registrations and apparel sales.
- B. Committee meeting visitation no formal commitments were made

Meeting adjourned at 8:10 with the Responsibility Pledge

Next meeting 3/16/23 at 7:00 pm via Zoom

respectfully submitted by Jim B.

#### **Archives Committee Report**

Report not received prior to submission

# CPC Committee Report from February 6, 2023 - Hybrid Meeting

**CPC Minutes** 

Attendees - 21 on Zoom and 6 In-Person

All 35 Drexel Medical Students were escorted

We will be escorting in-person and virtually starting in February - 60 students from the Philadelphia College of Osteopathic Medicine (Addiction Medicine Elective) and 35 Drexel Medical Students

We only assigned in-person student escorts to members who have escorted in-person priovously. We encouraged all members who would like to escort in-person to shadow these "seasoned" CPC's

Met with Program Director at Drexel Medical School - she requested our members reach out to their assigned students within 48 hours of receiving email

Temple Panel Presentation Feb 1st - 2nd year Psychiatry Residents - Michael H, John Z., Michelle M and Michael Q shared their personal stories along with a brief history of AA, explanation of the steps/traditions and how the Cooperation with Professional Community works with Medical Professionals

## Read Student Reflection Paper:

"Before attending the AA meeting, I had a neutral view towards alcoholism and

recognized it as a disease. Viewing alcoholism as a disease meant that those that had it would need assistance to treat it. I also did not have a well-developed understanding of alcoholism. I believe that for someone to truly understand a condition, that person needs to meet people that have or have had the condition in order to understand the experience patients with that condition go through. I had not met people with the alcoholism before, which caused me to have a significant gap in truly understanding what alcoholism was. Hearing about the experience of Leslie becoming sober and her reflections on that process and the way alcoholism affected her gave me a much deeper understanding of the condition. I still view alcohol as a disease after the meeting, but I have a much better understanding of it now and a new greatly increased positive regard for those that overcome it. Hearing the experiences of those with alcohol use disorder in the meeting speak about their journey to sobriety made me see how difficult it was to overcome the disease, and the commitment that the AA members had to accomplishing this was incredibly admirable.

Listening to the state Leslie was in when she decided she was going to begin her journey towards sobriety was difficult. It certainly affected me emotionally to know that at one point in her life, a worthy, bright individual like her was at a lower point in her life where she had to confront and beat alcoholism. Although difficult to hear and handle emotionally, I think it was also important for me to hear about that part of her experience specifically to really understand alcoholism as a condition. The AA meeting felt very non-judgemental and encouraging, and it was impressive to feel that in a virtual

meeting. Participants seemed comfortable sharing their progress in their sobriety journey as a result. It is very difficult to overcome alcoholism, so having those aspects of AA group likely plays a significant role in one's successful recovery. Overall, the AA meeting significantly improved my understanding of alcoholism by learning what the experience of having the condition is like for the patients with alcoholism. It will allow me to better empathize and understand patients with alcoholism in the future because I now understand how difficult recovery can be and how much commitment and hard work it takes. This has shown me that the support someone has in their recovery journey can be a significant determinant of success, so I want to be a physician that is a supporter of future patients with alcoholism in recovery so they can succeed."

#### **Interphones Committee Report from February 2023**

Report not received prior to submission

## **Prison Committee Report from February 2023**

Prison Committee report February

Chair Mac

Attending 12

Reading Tradition 4 and Concept 4

Prison Committee ByLaws

Introductions

Zone Reports:

Bucks County - Alexandra

Literature sent, zoom meeting continuing.

Delaware County - Frank K

Temporary contact volunteer forms are being distributed. Meeting started in George W Hill, mens and womens.

MontCo - Denny

Montgomery County Prison and Bldg 51 starting soon.

Philly zone - Lynn

Detention Center men's meeting starting in March.

PICC women's meeting starting soon.

Chester County - George

Nothing new, literature sent.

Temporary Contact & Assistant Prison Director:

Working on updating list and contact forms and getting them distributed.

Temp pen pal is always looking for new article and letters to be sent every Monday morning.

Any questions for Temporary Contact, please contact Prison's Assistant Director at prisonasstdirector@aasepia.org Prison Reports:

SCI Chester -

3 meetings a week going good

Working on more volunteers to get clear also need Spanish speaking volunteers

Requesting more big books & step books

SCI Phoenix -

Meetings start in March, two meetings a week on the same day.

Requesting Big Books and step books.

Workshop ideas for Round-Up:

Signing up every prison, every zone.

Carrying the message behind the walls.

Trying to do a Big Book Shake Down so our committee can get more Big Books behind the prison walls.

We will need help on the workshop and the big book shake down

Where we need help:
Getting members cleared for different prisons
Updating our temp contact lists
Round up
Letter writing to pen pals
Inviting AA members to our meetings
Thank you for all the help
Director of Prisons
Mac
Chester Prospect

## Public Information Committee Minutes from Wednesday February 15, 2023

**Public Information Committee Minutes** 

I. Open with The Serenity Prayer, Welcome & Introductions.

Steve S: PI Director, Jay: Vice Chair, Emma S: PI Assistant Director, Jim B. Treasurer, Sam H, Sam H: PI Liaison Philadelphia County, Erik B PI Alt Liaison Bucks County, Scott G.: PI Liaison Montgomery County, Rocky: PI Liaison Delaware County,

- II. Traditions Read and Discuss Tradition 4
- III. UNFINISHED BUSINESS
- 1. Senior Outreach Campaign Update: Steve S. we will continue this campaign. People have been distributing a number of packets. We will mail outreach packets to committee members who need them.
- 2. Media directory formation: Emma S. Eric, Sarah, Scott, and Rocky volunteered to look up the email and contact information of contacts at radio stations in the five county area so that Steve could reach out to find out if they would be open to broadcasting the AA public service announcements. Emma sent a link out to the google spreadsheet where their assigned radio stations were listed. Some had been able to fill in the information or send enquiries for the right contact.
- 3. Next Door: Steve S. put on hold
- 4. University Contact list: Sam H (Philadelphia Liaison) or Patrick. Review the 'Educator' e-flyer here. Sam H, Philadelphia Liaison created a list of 70 schools in the 5 county area. He will coordinate with Steve to get the list into a google spreadsheet to organize outreach.
- 5. Feedback on PI Committee Anonymity Workshop we got some interesting information. The workshop focused on the importance of technology to reach out to a wider and younger audience and communicate AA's message.
- 6. PI Events report out: Steve S.
- a. Answering enquiries coming to SEPIA: Senior centers contact the office to get people to come out and give a meeting or help someone to get to a meeting we let them know about HUSSH.
- b. Jim suggests going to trade shows and association annual meetings. He went to the PA Psychological Association with his wife and found that there are lots of drug and alcohol organizations that have booths there. The heads of Psychology from many colleges were also there.
- c. Steve I get on newsletters for anything that looks like it has something to do with alcohol.
- d. Sam H. suggests getting on the mailing list for the convention centers.

#### IV. NEW BUSINESS:

1. March 22nd Workshop - Morgan is an unpaid AA volunteer on the Trustees' Committee for Public Information. She is the Chair of the Subcommittee for the Comprehensive Media Plan which includes learning how to be more effective in our websites, Instagram, YouTube, LinkedIn, Meeting Guide App, Online Business Profile listings, and Podcasts. She also works with Google Ads.

- 2. Upcoming PI Events
- a. Share-A-Day February 18, 2023 from 10 to 1 flier Steve, Emma, Rocky, and Sam (Philly Liaison) will be attending. Steve will be manning the booth.
- 3. New Campaign: Churches. Emma suggests waiting until April now that we have the University list, and Liaisons are still receiving senior center packets.
- 4. How Your Group Can Help Flyer sample attached to agenda. Feedback was to use a quiz on Public Information as a way to relay information and suggest group activities. Sam (volunteer) said he had a quiz to share.
- 5. Round-Up Activities for PI. A suggestion was made to use a quiz on PI as a format for a PI Round-Up workshop. More discussion to come.

V. Close with I am Responsible Next Meeting & Contacts Wednesday, March 15

th/ 7:00 PM / Via Zoom / Zoom ID: 882 5844 9206 / Password: SEPIA

Steve S., Director of Public Information, publicinfodirector@aasepia.org

– please send any photos of your home group for the Google Business Profile page
Emma S. Assistant Director of Public Information publicinfoasstdirector@aasepia.org
PI Zone Liaisons & Alternate Liaisons:

- Bucks: Open Position publicinfobcz@aasepia.org
- Bucks Alternate: Erik B publicinfobczal@aasepia.org
- Chester: Open Position publicinfocczl@aasepia.org
- Chester: Open Position publicinfocczal@aasepia.org
- Delaware: Rocky R pubicinfodczl@aasepia.org
- Delaware Alternate: Parke S publicinfodczal@aasepia.org
- Montgomery: Scott G publicinfomcz@aasepia.org
- Montgomery Alternate: Sarah K publicinfomczaltliaison@aasepia.org
- Philadelphia: Sam H publicinfopcz@aasepia.org
- Philadelphia Alternate: Patrick McN publicinfopczaltliaison@aasepia.org

Contents of Public Information Workbook Kit https://www.aa.org/assets/en\_US/f-65w\_PI\_Kit.pdf

## Special Events Committee Report from Monday, February 27, 2023

In attendance: Director Mike Q, Vice Chair Jay F, Office Manager Fran G, SC Secretary Sharon B, Nick P, Fred S, Eileen W Montco Liaison, Helaine Bucks Liaison, Shiva das, Bebe, Bill S, Brooke, Carmen, Chris C, Christine, Rich M, Andrea T, Andrea P, Peggy H, Lorraine C, Maureen C, Glenn S, Suzanne W, Angela, Rebecca, Regan, Cathy J, Last month's minutes were read and accepted with no change.

Old Business:

Round Up: Mike Q is the director this year. If you have complaints see him. If you have compliments, see Jay! Planning meeting at the St. John Neumann Center went well. Pizza for lunch. All meeting slots were filled. Thank you all for your patience signing up and thank you Nick for jumping in for Fred and doing all the entry work! Sadly, (?) it was a no pun affair!!

Hospitality Room-Sign up and then let Jay know what your group would like to bring. Mike will have the basic menu soon so you will be able to get pricing for your group donation

Ice Cream Social: hotel will provide all ice cream and toppings.

Share a Day: Held at the St John Neumann Center. Went very well. The only complaint was that they wanted to hear more about the 12 step committees and how we and the Area committees work with one another. NEW BUSINESS:

Assistant Secretary was also discussed. You would attend either live or zoom the steering committee meeting, a

zone meeting and the special events meeting. Please call the office if you have any interest or questions and we will pass on your information to the chair and vice chair

Jay will email all the captains their volunteer lists so they know what needs to be filled

Registration: The Showboat Hotel is sold out for rooms. There is a list on the SEPIA website (aa.sepia.org) of hotels nearby that are available but not connected to SEPIA or the Showboat. So far we have 240 registrations for Round Up, 124 Banquet tickets sold (we are capped at 350), Apparel is slow in selling but we were late getting pictures out so you can now see them on the website and we will send out an email blast regarding them. Once ordered and completed, they will be delivered to Timski's house to load on the truck.

IGR MEETING: Everyone is asked to update their trifolds for the IGR meeting that Saturday morning. Both counties and committees. There are new trifolds at the office if anyone needs a new board! Any questions please call the office.

Hospitality: Stormy will co-captain hospitality with Glenn S.

Run/Walk: Mike Q has volunteered to supervise the run.

Shopping Date: This will have to be determined and will be lite this year as we can purchase a lot of these items from the hotel.

Packet Stuffing Day: will be on Sunday April 16 at the SEPIA office starting at 10:00. If you can help please let Franknow at the office 215 923 7900.

Program Book: there will be a QR code for those who want the schedule on their phones.

Mike Q, Jay F, Nick P, and Fran G will be traveling to the Showboat to make a map of the rooms so signs can be made and take care of details regarding connections to WIFI. Once done, Eileen and Fran will take care of signage for coffee, smoking areas, meeting rooms, etc.

A big thank you and a round of appreciation applause was given to Glenn S. "Mr. Hospitality", for all his help in taking care of the necessary needs (lugging coffee pots, and other equipment to and from the office to the event) and getting the food taken care of for Share a Day Planning, the actual SAD event and the Round Up planning meeting.

**Future Events:** 

Breakfast in October? Dinner Dance? Bingo? Come give us your ideas for new events! Meeting ended at 8:00 with I am Responsible

fg/JF

#### **Treatment Facilities Committee Report from February 2023**

Report not received prior to submission

# **Unity Committee Report from February 21, 2023**

Committee met via zoom on Tuesday, February 21, 2022, at 7:00pm: the meeting was called to order opened promptly:

- Opened with the Serenity prayer
- Round table introductions (Name, Homegroup, Service Position, Milestone).

Seven (7) attendees present were:

- o Joseph, Mayfair/Holmesburg Group IGR & Unity Liaison for Phila Zone 26 months
- o Paul H, Day by Day Group, Assistant Director Interphones and past Unity
- o Hank Holmes Friday night candlelight Unity Liaison Delco 2 years on Feb 4th
- o Aaron Chalfont Unity Liaison Bucks
- o Sandy 12 & 12 / Unity Committee Supporter
- o Tiara, University Group / Unity Director / February 17th was 30 years
- o Howard A, Assistant Director of Unity

- Tradition 4 (group autonomy) was read, followed by brief comments.
- Concept 4 (right of participation) was read followed by comments. Information below for an upcoming ConTra (Concepts & Tradition) workshop was posted in the chat.

o All A.A. members are invited to this virtual study of the Concepts,

## Traditions & the A.A. Service manual:

- Spring 2023 CONTRA Study Presented by District 10, Area 29
- March 2, 2023 through June 15, 2023
- Thursdays from 9:00 pm to 10:00 pm ET Moderated by Trusted Servants from Area 29 (Maryland)
- Zoom ID 814-7038-7175
- Passcode 195173

#### Old Business:

- Marshallton Group, Wednesday February 1, 2023 at 7:00PM (went well with 3 people signing up to volunteer.)
- Honey Brook, Wednesday March 29, 2023 at 7:00pm / will purchase treats to take
- Poster board has been updated with current office address (thanks Kevin). Still weighing option of Purchasing a pop-up banner.

#### **New Business:**

o New Beginnings home group in South Philadelphia will decide date and time for Unity Pitch in April 2023. o Per Hank, Delco has 20 new IGR's and will be doing a workshop for them which will include an Unity Pitch. Tentatively the pitch will be on Saturday March 25 at 6:00m, which is an hour before the regular meeting. Date, time, and location will be confirmed soon.

- o The flier for the Unity cookout on June 11th needs to be updated o Hank offered to purchase the meats for the cookout again.
- Meeting closed at 7:28 with "The Responsibility Pledge"

Next meeting is Tuesday, March 21st at 7pm via Zoom.

#### Pitch Report:

• Marshallton Group, West Chester PA: February 1, 2023: We were warmly welcomed. The pitch was about 30 minutes with lots of questions and time for shares afterwards. The "Unity Pitch Service Committee Sign-Up" sheet was reintroduced at this pitch and 3 members signed up. All 3 checked TF; 1 also checked SEPIA; and another checked CPC as well (we'll be sure to take treats on our next pitch). The sign up info will be shared with committees that were checked off on the sheet. The Unity Committee was blessed to have support from: Joseph G, Luke S, Paul H, Sandy B, Steve Mc, and Tiara T. May God Bless you well for your service with the Travelling Road Show. Many Thanks also to Jim and the other member from Marshallton and to Bobette!

Submitted by: Tiara T on 2/26/2023

#### Website/Technology Committee Report from February 2023

Report not received prior to submission

#### **Bucks County Zone Meeting Minutes from Monday, February 13, 2023**

Andrea called meeting to order at 7:01PM Opened with the Serenity Prayer Read Tradition- 4 Read Concept-4 Last month's Minutes were read and approved.

Attendance:

Intergroup Reps: 37

Alternates without rep present: 8 Alternates with rep present: 4

Guests: 10

New Representatives:

Mike-Sobriety, Eric-Chalfont, Benny Monday Winners, Rob Bristol Beginners

Anniversaries:

'Personal: Peter- 8 months, Lindsey 6 years, Helen-25 years, & Joe- 38 years

Home Group:

Foglifters 3/17 5pm Speaker @ 7pm 33rd years

T.B.D. Group- 2/25 Bensalem Baptist Church, 7pm Food, Fun, Fellowship, 9pm 2 Speaker mtg Guest reports:

Michelle-CPC Philadelphia Steering Committee- Need more volunteers to escort health care professionals to open meetings.

Dave- Treatment Facility- Looking Other districts have a lot of Treatment Facilities commitments.

Alex-DCM from District 51 General Service presented the idea of having a joint Gathering of Districts and Intergroups from Bucks County. The goal is to gather information on the history of Bucks County. The projected time for the gathering is in 2024.

Public Information-Steve S. carry the message to the alcoholic not in the program yet.

- Group information- update/correct meeting information
- Flyers- Senior Centers need information. Aasepia.org have flyers
- Group Photos- new pictures draws people to the site.
- Workshops- refer to aasepia.org for Zoom information

#### Finance Committee-Jim

- committee works closely with the Sepia manager to produce a monthly financial report.
- Question- How are the finances? Good

Treatment Facility- Luke RCA- Devon, Morimont- Media, Keystone- Chester, Malvern-West Chester. Caring the message in the treatment facilities.

- Bridging the Gap- interested sign-up on aasepia.org
  - o Committee goes to facility to make "Quick pitches"
  - o Liaison meets the new AA member @ 6 AA meeting

## Liaison Reports:

#### Andrea Zone Coordinator:

- Roundup- Registration is on the aasepia.org site.
- Funds-m c's are renewed yearly.
- Tech Savvy- Sepia is looking for technology person to help with the website.
- Secretary- Sarah G. new secretary
- Archives Director Larry A. Needs to step down and Archivist- Gerard M. passed away
- Archive Director- Richard Mitchell will step up until...

## Randy Archives:

- Need group histories & old timer's testimonies (over 20 years of continuous
- sobriety) you can find the form on the S.E.P.I.A. website
- One copy goes to S.E.P.I.A.; other copies go into zone committee meeting binders
- Archivist meet 3rd Saturday monthly at the S.E.P.I.A. office.

Gerard M. passed away- a new Archivist is needed.

#### Heidi CPC:

• The number of professionals has grown from 35 to 100 a month.

• Tami H. needed to step down.

Chris B. Finance: No Report \*George needed to step down.

Maureen Interphones: No Report Phil Public Information: No Report Reagan Helene Special Events:

- Round-up- Showboat would prefer Groups purchase food from their hotel.
- Gratitude Breakfast- Looking for a new location in the Fall

Tom Unity: No Report \*Liaison- need a new Liaison

**OZ Prisons:** 

- Meetings are on Zoom, but you must still be cleared, with at least 1 year sober and 2 years off books. The Buck's education session is currently being done on Zoom, and it is less than 30 minutes long.
- Literature-Prisons need soft cover literature. Reach out to prisondirector@aasepia.org to donate any soft cover literature that you have available.
- Contact information- <a href="https://www.aasepia.org/service-committees/prisons\_test/">https://www.aasepia.org/service-committees/prisons\_test/</a> for information on how to get cleared.

#### Marie Treatment:

- Commitments- Be sure to contact Marie if unable to keep the commitment and Marie will get someone to fill it.
- Alternate Liaison-need a new Alternate Liaison

#### Old Business:

- Discussion about 1 year requirement for Prison commitment.
- Bucks County-
- Print out- Interview- minutes to have at the meeting
- Lindsey Alternate Liaisons should go to meetings with the Liaison to get the experience.

#### **New Business:**

Unity Liaison- Eric accepted/Voted in

Finance Alternate Liaison-

Treatment Alternate Liaison- Nadia accepted/voted in

CPC Alternate Liaison-Lindsey B accepted/voted in

Philadelphia Commitments- discussion prior to motion to take on Philadelphia commitments-

motion passed.

Motion to close at 8:10 pm Closed with I Am Responsible

# **Chester County Zone Meeting Minutes from Monday February 13, 2023**

Meeting was held via Zoom

Meeting opened with the Serenity Prayer

Meeting Chairperson Kirsten

Welcome new IGR's and Alt. IGR's (AIGR): Peter J, AIGR Ludwig's Corner; Andrew Keane, AIGR Chesterbrook Monday Nighters; Monica M, AIGR Get a Life Group – West Grove; Jeanne P, AIGR Malvern Morning Miracles; Ruth P, Sisters Seeking Serenity (New Group) – Recovery Center of America, Devon; Jamie N, One Day at a Time -

Phoenixville; and Chris C, The Acceptance Group – Chester Springs.

There was a quick orientation for new members after the Zone meeting.

# Anniversaries:

- Dave, 35 years
- Bill, 28 years

- Eleanor, 34 years on 2/14
- Tiara, 30 years on 2/17
- Jim, 13 months
- Ruth, 37 years
- Kate, 6 months
- Bonnie Brae group Anniversary meeting, 32 years on 3/13 at 7pm, food, fellowship, 2 speakers. Zion Lutheran Church in Spring City
- Sober at Six group 21st anniversary on 2/28 at 6pm with shrimp and cake at Paoli Methodist Church. Meeting Minutes

January 2022 meeting minutes were sent to all via email and were unanimously approved.

Attendance

- 49 attending meeting
- 32 voting
- 17 non-voting

**Concepts & Traditions** 

Concept 4: Right of participation - "Throughout our Conference structure, we ought to maintain at all responsible levels a traditional "Right of Participation," taking care that each classification or group of our world servants shall be allowed a voting representation in reasonable proportion to the responsibility that each must discharge." Tradition 4: "Each group should be autonomous except in matters affecting other groups or A.A. as a whole." Visitors from SEPIA Steering Committee

Public Information Director, Steve

- Each group please check if meeting information is correct on the Sepia website as they have had calls from people who have gone to in-person meetings that were not happening.
- Need help in Chester County to bring information out to senior centers on the program.
- Asked groups to submit profile pictures of their locations, without people, to Sepia so that the public can see the meeting rooms.
- Some examples of Public Information work: distributing literature throughout the community (libraries, hospital lobbies), getting radio stations to run ads, bringing literature and information to churches and senior center. There are many more examples.
- Please see https://drive.google.com/file/d/1Ed1cnn)yODSj8eAsF-UC6HN6yUrFixj/view?usp=share\_link For information and how groups can help.

Treasurer, Jim

- This committee is the custodian of the 7th tradition money and its members are responsible to see that it is dispersed correctly. They work with the Special Events Committee.
- They are looking to improve the financial information infrastructure so that the bookkeeping is efficient.
- They are looking for help with the SEPIA website. Specifically, they need a web developer with WordPress experience, preferably 3 or more years. Please contact treasurer@aa.sepia.org.

Assistant Treatment Director, Dave - N/A

Luke was going to speak but was called away.

Unity Director, Tiara

- Urged groups to consider having a Unity pitch at their home group. A pitch includes an overview of all of the service committees. They take 30-40 minutes and can be during meeting time or before or after. Need a group conscience decision to have a Unity Pitch
- Annual Unity cookout will be on June 11th
- They would like to do a "Funshop" and are looking for a venue in which they can do this workshop.
- Please see https://aasepia.org/docs/652/Interviews\_February\_2023\_FNL.pdf for information District Announcements

District 29, Amy M – Nothing new to share

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District 30, Peg

• They are breaking down into committees and getting used to the new roles.

District 38, Kathleen - N/A

District 44, Taylor

• Had their workshop with District 56 on 1/31 and thanked District 56 for their help.

District 56, Nick spoke for West – Nothing new to report.

**Zone Reports** 

Finance Committee, Steve Mc

- Asked groups to encourage members to attend Sepia Committee meetings.
- Works with Jim and Stephanie on finances
- Compares transactions to previous years and encourages committees to use budgets.

Interphones, CPC, Sue – Nothing new

#### CPC, Sue

• Medical students from the PCOM – (Philadelphia College of Osteopathic Medicine) and Drexel have been attending meetings. Drexel are still on zoom but PCOM are going in person. Looking for people to assist this program. Please contact Sue at aa.sepia.org if interested.

Treatment, Jake

- Commitments are being filled.
- Due to concerns about new IGR's getting commitments, IGR's who often get several commitments to keep in mind the new groups who are excited to participate and give them some time before grabbing up all the open commitments.
- From Kirsten: "I know from my own experience that some commitments are more popular than others. Please urge your home group members to consider commitments that are outside of their normal ones. More difficult to fill commitments include Valley Stream Crisis Center, St. John Vianney, and Bowling Green. This is mainly due to unfamiliarity with the location or type of meeting. Please contact Kirsten or Jake if you want more information to help encourage your home group members to fill these commitments."
- We are considering issuing the new monthly commitment worksheet on the same day every month, as long as the previous month is filled, so that everyone can check their email on a specific day. We will let you know what is decided in the next week or so.

Bridging the Gap, Pierre

- Looking for volunteers to call patients who are being released from treatment centers to arrange going to meetings. Need for women in West Chester, Oxford and Downingtown areas.
- If interested, please call Pierre at 484-363-0337.

Special Events Bill

- Round-Up will be the weekend of April 21-23 in Atlantic City. Lots of commitments available.
- https://store.aasepia.org/events/round-up-2023/ for information.
- The logo for the event has been selected and apparel will be available on the website.

Men's Prison, George

- No meetings at Chester County prisons allowed due to COVID
- SCI-Chester (State Facility) is the only facility allowing meetings.
- If interested check aa.sepia.org for information and clearance forms.

Archives, Debi until the position is filled. – unable to attend

- Meets 2nd Tuesday of every month see SEPIA calendar for Zoom link
- Archives preservation work meet on the 3rd Saturday from 9-11.

Unity, Zone liaison position is still open

- See Tiara's description above
- Contact Kirsten or Tiara about joining the Unity Committee

Chester County Young People, Nick

• Bingo night on April 1st

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https://drive.google.com/file/d/1mHG2pGOcVOZ9DX0l6ve8ygg2Va42CMCa/view?usp=sharing

The state convention of young people will be on July 14th in the Sheraton in Langhorne.

https://buckypaa.wixsite.com/buckypaa

#### Zone Coordinator, Kirsten

- Please ask each group to help fill all the open positions available.
- Sue, Jim, and Steve all agreed that getting involved helps make all of the information clearer.
- Together we carry the message and help new members.

#### **OLD BUSINESS**

- Still looking to fill positions.
- Continue to update SEPIA meeting list on closed meetings or changes to meeting times or locations.

#### **NEW BUSINESS**

n/a

Meeting closed 8:28PM.

March meeting will be on March 14, 2023.

#### Delaware County Zone Meeting Minutes from Monday February 13, 2023

Delaware County Zone Meeting Minutes – January 9, 2023

#### Opening:

Open the meeting at 7:00 PM with the Serenity prayer

Zone Coordinator (ZC) or their appointed person reads the short form of the Tradition and Concept of the month. Discussion on the Tradition and Concept is encouraged

#### Attendance:

Voting Representatives:

• IGRs: 37

• Alt w/o rep:

Other Attendees:

- Alt. w/rep: 2
- Steering Committee Members: 2
- District Reps:
- Guests: 1

Present previous minutes for review and approval

Zone Coordinator's Report

- SEPIA is looking for a webmaster with at least 3 years of Word Press experience.
- Special Events is looking for someone to act as the "Host" for the 5K run at the round up
- Special Events is looking for groups to sponsor blocks of time in the Hospitality Suite for the Round Up.

Per the policy at the Showboat, the hotel will be providing the food – the search is for groups to determine a budget and pay for the time slots

- Flyers are available through the SEPIA website
- Round Up Registration forms are available it is April 21st 23rd in AC
- There are (7) Beach Meetings scheduled during the Round Up
- IGR Orientation/Workshop March 25th @ 6pm at Reformation Lutheran Church
- IGR Packets for Distribution (for those who have been in service < 1 year) available

#### **Old Business**

• Elections for 11/1/22 – 10/31/23 Zone Positions:

- o Alt-Coord OPEN
- o CPC John / OPEN
- o Finance Janet / OPEN
- o Unity Hank / OPEN
- o Treatment Pez / OPEN
- Bus Trip to GSO is scheduled for July, 2023. See Howard S. Archives Liaison, for more information

**New Business:** 

No new business

Liaison Reports:

ARCHIVES (Howard S.; Jack Alternate)

- Still looking for members with >20 years to please consider sharing their story
- Groups please make sure your history and covid history are up to date with the SEPIA office
- Your Group History should be shared with the Zone, the SEPIA Office and Area 59 they do not necessarily

## cross-share the information received

- New presentation available for your home group "History of AA in Philadelphia"
- SEPIA is looking for a new Archives Director

COOPERATION WITH THE PROFESSIONAL COMMUNITY (John; Alternate OPEN)

No report from liaison this month

FINANCE (Janet; Alternate OPEN)

- Current Balance is \$366,057
- SEPIA is at 100% Budget vs Actual for Contributions

INTERPHONES (Kathy M.; Tim, Alternate)

- All phone slots are full but they can always take volunteer names and they are looking to rotate schedules in the future
- HUSSHH needs support "Helping Unite Sick, Shut-In, Hospitalized and Homebound" PRISONS (Frank K.; Blaine, Alternate)

No report this month, carry over from last month:

- GW Hill is open. Men's meetings will be on Fridays and Women's meetings will be on Mondays @ 7:30
- SCI Chester. Anyone interested in volunteering at SCI Chester can get the required documentation from the SEPIA office. There are (3) meetings per week and there is a need for Spanish language meetings at the facilities
- Looking for people to become part of both the Pen Pal and Temp Contact programs to act as the hand of AA
- March Commitments:

Men: Women:

Week 1 Kevin (DHBB) Rachel

Week 2 Blaine (FTF) Michelle (New Life)

Week 3 Tom C (Morton Beg) Kathy M (Newtown Sq)

Week 4 Mike G (Brkhvn) Brooke (KiG)

Week 5 Parke (Oakmont)

PUBLIC INFORMATION/WEB TECH (Rocky; Alternate OPEN)

No report this month, carry over from last month:

- PLEASE REVIEW ALL GROUP INFORMATION ON THE APP AND THE SEPIA WEBSITE AND CONFIRM YOUR GROUP'S DETAILS
- Please submit photos of your meeting locations (without people) to help drive our accessibility on the web and give us a higher ranking in Google searches. Please consider asking your home group if they are ok with a photo being taken and posted
- Live Events If you have one or know of one, please contact PI (Health Fairs, Community Events, etc.) SPECIAL EVENTS (OPEN; Alternate OPEN)

No report from liaison this month, comments by Zone Coordinator:

- 2023 Round Up is themed "Serenity by the Sea".
- Round up location is The Showboat Hotel in Atlantic City from April 21st through April 23rd, 2023
- Ongoing planning meetings check the website and interviews for times & locations UNITY (Hank; Alternate OPEN)

No report this month, carry over from last month:

• Unity is the AA Travelling Roadshow. Unity pitches are available in person or through zoom if you don't know what a Unity Pitch is, ASK!

TREATMENT (BPez; Alternate OPEN; additional comments by Steering Committee representative) Report given by Tom C., outgoing treatment liaison

- DelCo can have up to 50 60 commitments per month, as compared to Philadelphia, which can have up to 200.
- Please contact the intergroup office if you are interested in taking a commitment outside of DelCo
- Bridging the Gap is now taking applications for volunteers see Tom C for further info
- MARCH Host Commitments:
  - o Mirmont Tuesday: Brookhaven o Mirmont Friday: Joy of Living o Mirmont Saturday: Oakmont
  - o Keystone Monday: Big Book Clifton / EHG
  - o Keystone Wednesday: Last Gaspers / Big Book Clifton o Keystone Friday: Aston Tuesday / I am Responsible
  - o Harwood House: First Things First

PLEASE BE MINDFUL THAT IF YOU TAKE A COMMITMENT, SOMEONE MUST SHOW UP!

• If you cannot keep a meeting or host commitment, or if there are issues or no-shows, this should be communicated as soon as possible to Brittney or Steve

ZC close the meeting at 8:35 pm with the Responsibility Pledge

NOTE: Paper Copies of reports and flyers - all are available through the website www.aasepia.org

O There is a wealth of information available that can be printed and/or shared electronically with your
groups — whether committee meeting minutes, flyers for events or opportunities for service
O If you do not have access to a printer, please email the Zone Secretary with your requests for printed
copies and they will be brought to the next meeting.

HMB Ukranian Church 900 Fairview Rd. Swarthmore PA 19081

O NEW LOCATION FOR NEXT MONTH:

## Montgomery Zone Meeting Report from Monday, February 13, 2023

Report not received prior to submission

Philadelphia County Zone Report from Monday February 13, 2023

Report not received prior to submission